TRADER JOE'S®
OLIVE OIL No. _____

STEP 1: SNIFF
Aroma Intensity: 0 1 2 3 4 5 6 7 8 9 10
Fruit Intensity: 0 1 2 3 4 5 6 7 8 9 10

What are three words or phrases that describe what you're smelling?:

_________________________  ____________________________  ____________________________

STEP 2: SLURP
Flavor Intensity: 0 1 2 3 4 5 6 7 8 9 10
Bitterness Intensity: 0 1 2 3 4 5 6 7 8 9 10
Sweetness Intensity: 0 1 2 3 4 5 6 7 8 9 10

What are three words or phrases that describe what you’re tasting?:

_________________________  ____________________________  ____________________________

STEP 3: SWALLOW
Texture: THIN MEDIUM THICK GREASY WAXY
Pepper Intensity: 0 1 2 3 4 5 6 7 8 9 10
Cough: NO COUGH 1 COUGH 2 COUGH 3+ COUGH
Finish: LIGHT MEDIUM LINGERING

What are three words or phrases that describe the feeling in your throat?:

_________________________  ____________________________  ____________________________