

**Sir Andrew:** "I am a great eater of beef  
and I believe that does harm to my wit."

**Sir Toby:** "No question."

~William Shakespeare, *Twelfth Night*, Act I, Scene III

## **TRADER JOE'S®** **VEGAN PRODUCTS**



For the love of wit (and a few other reasons), we've identified products free of all animal products and/or by-products including meat, poultry, fish, eggs, dairy, honey, gelatin, lanolin and confectioner's glaze with the "V" (for Vegan). Please note, this list is not all-inclusive. We do our best to keep the information as up to date and as accurate as possible, but we do introduce and discontinue products all the time, so keep your eyes open and always read product labels.

### **BEVERAGES**

#### **Shelf Non-Bubbly**

100% Cranberry Juice  
100% Blueberry Juice  
All Natural Apple Juice  
Almondmilk Beverages (Original,  
Unsweetened, Unsweetened Vanilla)  
Apple Grape Juice  
Apple Cranberry Juice  
Blackberry Crush  
Blueberry Pomegranate Green Tea  
Cherry Cider  
Coconut Milk Beverages (Unsweetened &  
Vanilla)  
Zico Coconut Water (All)  
Concord Grape Juic  
Cranberry Raspberry Blend  
Dixie Peach  
Electrolyte Enhanced Water  
Fresh Pressed Apple Juice  
Grapefruit Sunset  
Hibiscus Cranberry Blend  
Joe's Kids Drink Boxes (Apple, Apple-  
Grape, Lemonade, White Grape)  
Joe's Kids Reduced Calorie Drink Boxes  
(Apple, Fruit Punch)  
Low Sodium Garden Patch  
Mango Green Tea  
Mango Nectar  
Kettle Brewed Green & White Teas

Kettle Brewed Unsweetened Black Tea  
Organic 100% Pomegranate  
Organic Apple Juice  
Organic Apple Cranberry Juice  
Organic Concord Grape Juice  
Organic Lemonade  
Organic Mango Lemonade  
Organic Pink Lemonade  
Organic Strawberry Lemonade  
Organic Tea & Lemonade  
Organic Unfiltered Apple Juice  
Organic White Grape Juice  
Rio Red Grapefruit Blend  
TJ's Rice Drink  
TJ's Soy Milk  
Tropical Carrot Juice Blend

#### **Shelf Bubbly**

French Market French Berry Lemonade  
French Market Lemonade  
French Market Limeade  
Sparkling Apple Cider  
Sparkling Blueberry Juice  
Sparkling Cranberry Juice  
Sparkling Pomegranate Juice

#### **Refrigerated**

100% Pineapple Juice  
Carrot Juice (All)  
Orange Juice (All except OJ with added  
Vitamin D)

## BEVERAGES cont.

Organic Açai 120  
Very Green Juice

## BREAD and BAKERY

*Note: Bread & bakery items vary by region. Please check ingredient panels to identify Vegan products.*

## CANDY and COOKIES

Brown Rice Marshmallow Treats  
Citrus Gum Drops  
*Ginger People* Ginger Chews  
Mini Café Twist Cookies  
*Myntz!* Candy  
Organic Animal Crackers  
Organic Gingermints  
Organic Peppermints  
Organic Pops  
Pound Plus Chocolate Bars (Only: Dark Chocolate, 72% Dark Chocolate, and Bittersweet with Almonds)  
Semi-Sweet Chocolate Chips  
Soft-Baked Snickerdoodles  
Speculoos Cookies

## CEREAL

*Bob's Red Mill* Flaxseed Meal  
Chia Seeds  
Fat Free Blueberry Muesli  
Golden Roasted Whole Flaxseed  
Golden Roasted Milled Flaxseed with Blueberries  
Old Fashioned Organic Oats  
Organic Cinnamon Spice Oatmeal  
Organic Granny's Apple Granola  
Organic Mango Passion Granola  
Organic Oats & Flax  
Quinoa & Steel Cut Oatmeal  
Shredded Wheat  
Steel Cut Organic Oats  
Toasted Oat Bran

## DRIED FRUITS and NUTS

**Apple + Strawberry Fruit Bars**  
**Apple + Mango Fruit Bars**  
**Apple + Coconut Fruit Bars**  
**Apple + Banana Fruit Bars**  
50% Less Salt Roasted & Salted Fancy Mixed Nuts  
50% Less Salt Roasted & Salted Mixed Nuts

50% Less Salt Roasted & Salted Pistachios  
50% Less Salt Roasted & Salted Peanuts  
50% Less Salt Roasted & Salted Whole Cashews  
Banana, Flattened  
Black Mission Figs  
Calimyrna Figs  
Candied Pecans  
Candied Walnuts  
Chile Spiced Mango  
Cinnamon Almonds  
Dried Apricots  
Dried Baby Sweet Pineapple  
Dried Berry Medley  
Dried Bing Cherries  
Dried Blueberries  
Dried Pineapple Rings  
Dried Pitted Tart Montmorency Cherries  
Dried White Peaches  
Dried Wild Blueberries  
Dry Roasted & Salted Pistachio Nutmeats Halves & Pieces  
Dry Roasted & Unsalted Almonds  
Dry Roasted & Unsalted Pistachio Nutmeats Halves & Pieces  
Dry Roasted & Unsalted Pistachios  
Dry Roasted & Unsalted Pistachios  
Dry Roasted Australian Macadamias (Salted & Unsalted)  
Dry Toasted Slivered Almonds  
Fancy Raw Mixed Nuts  
Freeze Dried Banana  
Freeze Dried Mango  
Go Raw Trek Mix  
Golden Berry Blend  
Golden Raisins  
Jumbo Raisin Medley  
Just a Handful Go Raw Trek Mix  
Just a Handful of Dry Roasted, Unsalted Almonds  
Just a Handful of Raw Almonds  
Just a Handful of Simply Almonds, Cashews & Cranberries Trek Mix  
Just Almond Meal  
Just Mango Slices  
Macadamias Mix Gingerly dTrek Mix  
New Zealand Sweet Apple Rings  
Non-Sorbate Pitted Prunes  
Old Fashioned Blister Peanuts  
Omega Trek Mix  
Orange Flavored Cranberries  
Organic Dried Cranberries  
Organic Dry Roasted Almonds  
Organic Pistachios Dry Roasted & Salted  
Organic Thompson Seedless Raisins

## **DRIED FRUITS and NUTS cont.**

Organic Trek Mix Simply Almond, Cashew & Cranberry  
Pitted Prunes  
Premium Walnut Halves  
Raw Almonds  
Raw Brazil Nuts  
Raw Pecan (Halves, Pieces)  
Raw Sunflower Seeds  
Roasted & Salted Marcona Almonds with Rosemary  
Roasted & Salted Pecan Halves  
Roasted & Salted Whole Cashews  
Roasted & Salted Peanuts  
Roasted & Salted Sunflower Seeds  
Roasted & Unsalted Fancy Mixed Nuts  
Roasted & Unsalted Peanuts  
Roasted & Unsalted Sunflower Seeds  
Roasted & Unsalted Whole Cashews  
Roasted Coconut Chips  
**Salt & Pepper Pistachios**  
Simply Almonds, Cashews & Cranberries  
Simply the Best Trek Mix  
Slab Apricots  
Slivered Almonds  
Soft & Juicy Mango  
Sweet & Spicy Pecans  
Thompson Seedless Raisins  
Tropical Tendency Fruit Mix  
Uncrystallized Candied Ginger  
Unsalted & Dry Toasted Pecan Pieces  
Unsalted & Dry Toasted Almonds (Sliced, Slivered)  
Unsulphured Apricots  
Unsulphured Sweetened & Dried Mango  
Walnut (Halves, Pieces)  
Whole Organic Sweetened Dried Cranberries

## **FROZEN**

### **Fruits & Desserts**

Berry Medley  
Blueberries  
Coconut Milk Non-Dairy Ice Cream (Chocolate, Strawberry)  
Fancy Berry Medley  
Fruit Frenzy Bars  
**Fruit Frenzy Bars II**  
Fruit Floes (Caribbean, Coconut, Lime, Strawberry)  
Orange Juice Concentrate (100% Pure & Organic)  
Soy Creamy Cherry Chocolate Chip  
Strawberries

Soy Creamy Non-Dairy Mini Vanilla Sandwiches  
Very Cherry Blend  
Wild Boreal Blueberries

### **Vegetables**

Artichoke Hearts  
Asparagus Spears  
Broccoli Florets  
Chopped Spinach  
Cut White Corn  
*Dorot* Crushed Garlic  
Fire Roasted Bell Peppers & Onion  
French Green Beans  
**Italian Shelled Fava Beans**  
Mélange a Trois  
**Melodious Blend**  
**Mushroom Medley**  
Organic Super Sweet Corn  
Parisian Carrots  
Petite Peas  
Roasted Corn  
Roasted Mashed Sweet Potatoes

### **Other**

Black Bean and Corn Enchiladas  
Chicken-less Crispy Tenders  
Chicken-less Mandarin Orange Morsels  
*Dr. Praeger's* California Veggie Burgers  
**Fully Cooked Organic Quinoa**  
Japanese Style Fried Rice  
Meatless Meatballs  
Misto Alla Griglia Marinated Grilled Eggplant & Zucchini  
Organic Brown Rice  
Penne Arrabbiata  
Rice Medley  
**Sai Tung Green Curry with Sprouted Rice**  
Steel Cut Oatmeal  
Sweet Potato Fries  
Trader Potato Tots  
**Vegetable Biryani**  
Vegetable Fried Rice  
Vegetable Pad Thai with Tofu  
Vegetable Pakoras  
Vegetable Panang Curry  
Wheat Free Toaster Waffles  
**Zucchini Fries**

## **GROCERY**

### **Fruits, Vegetables, And Legumes**

Apple Banana Fruit Sauce Crushers  
Artichoke Hearts  
Black Beans  
Canned Mandarin Oranges

## **GROCERY cont.**

Colossal Olives Stuffed Garlic Cloves  
Colossal Olives Stuffed Jalapeno Peppers  
Cuban Style Black Beans  
Dark Morello Cherries  
Dolmas (Vine Leaves Stuffed with Rice)  
Extra Large Ripe Pitted Black Olives  
Fire Roasted Red Peppers  
Fire Roasted Yellow & Red Peppers  
Garbanzo Beans  
Gourmet Fried Onion Pieces (Seasonal)  
Julienne Sliced Sun Dried Tomatoes  
Hatch Green Chilies  
Manzanilla Olives  
Olives with Pimentos  
Organic Baked Beans  
Organic Black Bean Soup  
Organic Black Beans  
Organic Chili Vegetarian  
Organic Diced Tomatoes  
Organic Garbanzo Beans  
Organic Kidney Beans  
Organic Kosher Sandwich Pickles  
Organic Pinto Beans  
Organic Split Pea Soup  
Organic Sweet Bread & Butter Pickles  
Pear Halves  
Pitted Kalamata Olives  
Red Split Lentils  
Refried Black Beans with Jalapeno Peppers  
Stuffed Queen Sevillano Olives  
**Unsalted Crushed Plum Tomatoes (Low Sodium)**  
Whole Peeled Plum Tomatoes with Basil (Unsalted)

### **Dressings, Marinades, Sauces & Spreads**

All Natural Barbecue Sauce  
Artichoke Anti-Pasto  
Balsamic Vinaigrette  
Balsamic Vinegar  
Bruschetta  
California Estate Extra Virgin Olive Oil  
Canola Oil  
Canola Oil Spray  
Carolina Gold Barbecue Sauce  
Chili Pepper Sauce  
Crushed Garlic  
Deli Style Spicy Brown Mustard  
Dijon Mustard  
Extra Virgin Olive Oil  
Fat Free Balsamic Vinaigrette  
Goddess Dressing  
Gold Quality Balsamic Vinegar  
Grapeseed Oil

Green Olive Tapenade  
Gyoza Dipping Sauce  
Island Soyaki  
Italian Olive Oil Spray  
Jalapeno Pepper Hot Sauce  
Kansas City Style Barbecue Sauce  
Low Fat Marinara Sauce  
Orange Muscat Champagne Vinegar  
Organic Ketchup  
Organic Marinara Sauce (No Salt, Fat Free)  
Organic Olive Oil  
Organic Spaghetti Sauce with Mushrooms  
Organic Tomato Basil Marinara  
Organic Tomato Paste  
Organic Tomato Sauce  
Organic Yellow Mustard  
Red Wine & Olive Oil Vinaigrette  
Red Wine Vinegar  
Reduced Fat Mayonnaise  
Roasted Garlic Spaghetti Sauce  
Roasted Red Pepper & Artichoke Tapenade  
Rustico Pasta Sauce  
Soy Sauce Reduced Sodium  
Soyaki  
Sun Dried Roma Tomatoes  
Thai Chili Paste  
**Toasted Pumpkin Seed Oil**  
Toasted Sesame Oil (Cold Pressed)  
Tomato Basil Marinara  
Traditional Marinara Sauce  
Tropical Mango Pineapple Salsa  
Tuscan Italian Dressing  
Tuscano Marinara Sauce  
Unfiltered Apple Cider Vinegar  
White Balsamic Vinegar

### **Grains**

10 Minute Barley  
10 Minute Bulgur  
10 Minute Farro  
Arborio Rice  
Baker Josef's All-Purpose Flour  
Baker Josef's White Whole Wheat Flour  
Basmati Rice Medley  
Brown Rice Pasta Penne  
Brown Basmati Rice  
Brown Jasmine Rice  
Brown Rice Fully Cooked  
Brown Rice Medley  
Brown Rice Pasta Fusilli  
Harvest Grains Blend  
Israeli Couscous  
Imported Italian Pastas (Fusilli, Penne Rigate, Pennette, Spaghetti)  
Jasmine Rice

## GROCERY cont.

Organic Basmati Rice  
Organic Brown Rice Spaghetti Pasta  
Organic Pasta (Fusilli, Penne)  
Organic Polenta  
Organic Red Quinoa  
Organic Whole Wheat Pasta (Penne, Fusilli, Spaghetti)  
White Basmati Rice  
Whole Wheat Couscous  
Wild Rice

## Baking And Cooking Supplies

21 Seasoning Salute  
Baking Soda  
Basil  
California Garlic Powder  
Cinnamon Sticks  
Dill  
Everyday Seasonings with Grinder  
Grade A Maple Syrup (100% Pure, 100% Pure No Drip, Organic)  
Grade B Maple Syrup (100% Pure, 100% Pure No Drip, Organic)  
Ground Cumin  
Lemon Pepper with Grinder  
Light Coconut Milk  
Organic Blue Agave Sweetener  
Organic Brown Sugar  
Organic Evaporated Cane Juice Sugar  
Organic Pumpkin (Seasonal)  
Pure Bourbon Vanilla Extract  
Pure Vanilla  
Raw Agave Sweetener  
Red Chile Pepper (Crushed)  
Sea Salt (Regular, and Himalayan Crystals with Grinder)  
Spanish Saffron  
Stevia Extract (100% Pure, 1oz)  
Turbinado Raw Cane Sugar

## Fruit Sauces, Preserves & Nut Butters

Almond Butter (All)  
*Better n' Peanut Butter*  
Organic Apple Sauce  
Organic Fruit Spread (Strawberry, Raspberry)  
Organic Peanut Butter (Creamy, Crunchy)  
Organic Preserves Reduced Sugar (Apricot, Blueberry, Raspberry, Strawberry)  
Organic Unsalted Peanut Butter (Creamy, Crunchy)  
Pear Sauce (4 packs)  
Preserves (Apricot, Blueberry, Blackberry, Boysenberry, Raspberry)

Salted Peanut Butter (Creamy, Crunchy)  
Sunflower Seed Butter  
Unsalted Peanut Butter (Creamy, Crunchy)

## Other

Garlic Rice Noodle Soup Bowl  
Kung Pao Noodles & Sauce  
Latin Black Bean Soup  
Mushroom Rice Noodle Soup Bowl  
Peanut Satay Noodles & Sauce  
Spring Onion Rice Noodle Soup Bowl  
Vegetable Panang Curry

## PRODUCE

### Raw Fruits and Vegetables (All\*)

*\*Exception: some produce may be coated with food-grade beeswax and/or lac resin-based wax or resin to maintain freshness—signs at stores will identify waxed items.*

## REFRIGERATED

*Earth Balance* Whipped Buttery Spread  
Falafel Wrap  
High Protein Organic Tofu  
Lentil Soup with Ancient Grains  
*Lightlife* Smart Dogs  
**Mild Yellow Miso**  
Organic 3 Grain Tempeh  
Organic Baked Tofu  
**Pico de Gallo Salsa**  
Soy Yogurt  
*Tofurky* Italian Sausages  
White Bean Hummus

## SNACKS

### Chips, Crackers, Pretzels & Popcorn

12 Grain Mini Snack Crackers  
Bagel Chips  
Corn Chip Dippers  
Crunchy Curls  
Fat Free Caramel Popcorn  
Italian Breadsticks with Olive Oil  
Kale Chips  
Kettle Corn  
*Lundberg* Organic Brown Rice Cakes  
Multigrain Tortilla Chips  
Organic Blue Corn Tortilla Chips  
Oriental Rice Crackers  
**Pane Guttiau**  
Pita Chips (Cinnamon & Sugar, Sea Salt)

## **SNACKS cont.**

Reduced Guilt Lightly Salted Kettle Cooked  
Potato Chips  
Reduced Guilt Pita Chips w/ Sea Salt  
Reduced Guilt Wheat Crisps  
Restaurant Style White Corn Tortilla Chips  
Rice Cakes Light Salt  
Ridge Cut Potato Chips (Lightly Salted,  
Salt & Pepper, Sweet Potato)  
Roasted Seaweed Snack  
Savory Thin Mini Crackers (Regular,  
Multiseed with Soy Sauce)  
Salt & Pepper Crisps  
Soy & Flaxseed Tortilla Chips  
Stone Ground Wheat Crackers  
Tortilla Chips (White, Yellow)  
Tortilla Longboard Chips  
Vegetable Root Chips  
Veggie & Flaxseed Tortilla Chips  
Veggie Chips Potato Snacks

### **Dips & Salsas**

Chipotle Salsa  
Corn & Chile Tomato-less Salsa  
Double Roasted Salsa  
Fire Roasted Tomato Salsa  
Habanero and Lime Salsa  
Pineapple Salsa  
Roasted Garlic Salsa  
Salsa Verde  
Spicy Smoked Peach Salsa