

**Sir Andrew:** "I am a great eater of beef  
and I believe that does harm to my wit."

**Sir Toby:** "No question."

William Shakespeare, *Twelfth Night*, Act I, Scene III

## **TRADER JOE'S®** **VEGAN PRODUCTS**



For the love of wit (and a few other reasons), we've identified products free of all animal products and/or by-products including meat, poultry, fish, eggs, dairy, honey, gelatin, lanolin and confectioner's glaze with the "V" (for Vegan). Please note, this list is not all-inclusive. We do our best to keep the information as up to date and as accurate as possible, but we do introduce and discontinue products all the time, so keep your eyes open and always read product labels.

### **BARS**

Chocolate Chip Fruit & Nut Bar  
Trail Mix Fruit & Nut Bar

### **BEVERAGES**

#### **Shelf Non-Bubbly**

100% Cranberry Juice  
All Natural Apple Juice  
Apple Grape Juice  
Apple Cranberry Juice  
Black Raspberry Juice  
Blackberry Crush  
Blueberry Estate  
Blueberry Pomegranate  
Blueberry Pomegranate Green Tea  
Cherry Cider  
Concord Grape Juice  
Cranberry Raspberry Blend  
Dixie Peach  
Electrolyte Enhanced Water  
Fresh Pressed Apple Juice  
Gala Apple Juice  
Grapefruit Sunset  
Green Tea Unsweetened  
Hibiscus Cranberry Blend  
Joe's Kids (Apple Juice, Apple Grape Juice,  
Lemonade, White Grape Juice)  
Juice 4 Packs (Apple Berry, Apple Grape)  
Just Blueberry  
Just Pomegranate Lemonade  
Low Sodium Garden Patch  
Mango Green Tea  
Mango Nectar  
Mango Passion Fruit Blend  
Kettle Brewed Green & White Tea  
Kettle Brewed Unsweetened Black Tea  
Orange & Bergamot Green Tea  
Organic 100% Pomegranate  
Organic Apple Juice  
Organic Apple Cranberry Juice  
Organic Lemonade  
Organic Mango Lemonade  
Organic Pink Lemonade  
Organic Spicy Cider  
Organic Tea & Lemonade  
Organic Unfiltered Apple Juice  
Organic White Grape Juice  
Organic Whole Grain Beverages  
Pomegranate Green Tea  
Rio Red Grapefruit Blend  
TJ's Organic Whole Grain Drinks (Regular  
and Unsweetened)  
TJ's Rice Drink  
TJ's Soy Essential  
TJ's Soy Milk  
Trader Joe's Kids Reduced Calorie Drink Boxes  
Strawberry Kiwi Juice  
Strawberry Lemonade  
Triple Berry Juice

## **BEVERAGES cont.**

Tropical Carrot Juice Blend  
Unfiltered Concord Grape Juice  
Water – Mint or Lime Flavored

### **Shelf Bubbly**

French Market French Berry  
French Market Lemonade  
French Market Limeade  
Refreshers (Blueberry, Pomegranate,  
Tangerine)  
Sparkling Apple Cider  
Sparkling Blueberry Juice  
Sparkling Cranberry Juice  
Sparkling Pomegranate Juice

## **BREAD & BAKERY**

*Note: Bread & bakery items vary by region in order to ensure maximum freshness. Please check ingredient panels to identify Vegan products.*

## **CANDY & COOKIES**

70% Dark Chocolate Bars  
72% Dark Chocolate  
73% Belgian Dark Chocolate Non-Pareils  
Assorted Fruit Jellies  
Black Licorice Scottie Dogs  
Brown Rice Marshmallow Treats  
Confection Perfection Dark Chocolate  
*Ginger Chews*  
Mini Café Twist Cookies  
*Myntz!*  
Organic Animal Crackers  
Organic Pops  
Pounds Plus Chocolate Bars (Bittersweet,  
Bittersweet w/ Almonds)  
Semi-Sweet Chocolate Chips  
The Chocolate Traveler  
Traditional Licorice  
Unsweetened Belgian Baking Chocolate

## **CEREAL**

*Bob's Red Mill* Flaxseed Meal  
Fat Free Blueberry Muesli  
Flaxseed  
Golden Roasted Flaxseed (Whole Seeds,  
With Blueberries)  
Natural Toasted Oat Bran  
Organic Cinnamon Spice Oatmeal  
Organic Granny's Smith Apple Granola  
Organic Mango Passion Granola  
Organic Oats & Flax  
Shredded Wheat

## **DRIED FRUITS & NUTS**

1/3 Less Salt Dry Roasted & Salted Valencia Almonds  
50% Less Salt Roasted & Salted Cashew Pieces  
50% Less Salt Roasted & Salted Fancy Mixed Nuts  
50% Less Salt Roasted & Salted Mixed Nuts  
50% Less Salt Roasted & Salted Pistachios  
50% Less Salt Roasted and Salted Peanuts  
50% Less Salt, Roasted and Salted Whole Cashews  
Australian Macadamias  
Australian Macadamias Dry Roasted & Salted  
Banana, Flattened  
Black Mission Figs  
Calimyrna Figs  
Candied Pecans  
Candied Walnuts  
Cashew Macadamia Delight Trek Mix  
Chile Spiced Mango  
Cinnamon Almonds  
Dried Apricots  
Dried Baby Sweet Pineapple  
Dried Berry Medley  
Dried Bing Cherries  
Dried Blueberries  
Dried Pineapple Rings  
Dried Pitted Tart Montmorency Cherries  
Dried White Peaches  
Dried Wild Blueberries  
Dry Roasted & Salted Pistachio Nutmeats Halves & Pieces  
Dry Roasted & Unsalted Almonds  
Dry Roasted & Unsalted Pistachio Nutmeats Halves & Pieces  
Dry Roasted & Unsalted Pistachios  
Dry Roasted & Unsalted Pistachios  
Fancy Raw Mixed Nuts  
Freeze Dried Banana  
Freeze Dried Mango  
Go Raw Trek Mix  
Golden Berry Blend  
Golden Raisins  
Jumbo Raisin Medley  
Just a Handful Go Raw Trek Mix  
Just a Handful of Dry Roasted, Unsalted Almonds  
Just a Handful of Raw Almonds  
Just a Handful of Simply Almonds, Cashews & Cranberries Trek Mix  
Just Almond Meal  
Just Mango Slices

### **DRIED FRUITS & NUTS cont.**

Macadamias Mix Gingerly w/ Cranberries & Almonds Trek Mix  
New Zealand Sweet Apple Rings  
Non-Sorbate Pitted Prunes  
Old Fashioned Blister Peanuts  
Omega Trek Mix  
Orange Flavored Cranberries  
Organic Dried Cranberries  
Organic Dry Roasted Almonds  
Organic Pistachios Dry Roasted & Salted  
Organic Raw Pecan Pieces  
Organic Thompson Seedless Raisins  
Organic Trek Mix Simply Almond, Cashew & Cranberry  
Pitted Prunes  
Premium Walnut Halves  
Raw Almonds  
Raw Brazil Nuts  
Raw Pecan (Halves, Pieces)  
Raw Pepitas  
Raw Pistachio Nutmeats  
Raw Sliced Almonds  
Raw Sunflower Seeds  
Raw Valencia Almonds  
Raw Whole Cashews  
Roasted & Salted Cashew Pieces  
Roasted & Salted Marcona Almonds (regular, w/ Rosemary)  
Roasted & Salted Pecan Halves  
Roasted & Salted Whole Cashews  
Roasted & Salted Peanuts  
Roasted & Salted Pepitas  
Roasted & Salted Sunflower Seeds  
Roasted & Unsalted Cashew Pieces  
Roasted & Unsalted Fancy Mixed Nuts  
Roasted & Unsalted Peanuts  
Roasted & Unsalted Sunflower Seeds  
Roasted & Unsalted Whole Cashews  
Simply Almonds, Cashews & Cranberries  
Simply the Best Trek Mix  
Slab Apricots  
Slivered Almonds  
Soft & Juicy Mango  
Sweet & Spicy Pecans  
Tamari Roasted Almonds  
Thompson Seedless Raisins  
Uncrystallized Candied Ginger  
Unsalted & Dry Roasted Pecan Pieces  
Unsalted & Dry Roasted Almonds (Sliced and Slivered)  
Unsulfered Apricots  
Unsulfered Sweetened & Dried Mango  
Walnut (Halves, Pieces)

### **FRESH JUICE**

Carrot Juice (ALL)  
Green Protein  
Orange Juice (ALL)  
Pomegranate Blueberry  
Very Green

### **FROZEN**

#### **Fruits & Desserts**

Apple Strudel  
Berry Medley  
Blackberries  
Blueberries  
Dark Sweet Cherries  
*Double Rainbow* Sorbet  
Fancy Berry Medley  
Fruit Floes (Caribbean, Lime, Strawberry)  
Orange Juice Concentrate (100% Pure & Organic)  
*So Delicious* Orange Creamy  
*So Delicious* (Creamy Vanilla, Chocolate Velvet)  
*Soy Creamy* Mini Chocolate Sandwiches  
*Soy Dream* (Very Cherry Chip, Mango Vanilla)  
Strawberries  
*Tofutti* Cuties  
Very Cherry Blend  
Wild Boreal Blueberries

#### **Vegetables**

Artichoke Hearts  
Asparagus Spears  
Broccoli Florets  
Chopped Spinach  
Cut White Corn  
*Dorot* Crushed Garlic  
Fire Roasted Bell Peppers & Onion  
French Green Beans  
Mélange a Trois  
Organic Brown Rice  
Organic Super Sweet Corn  
Petite Peas  
Roasted Corn

#### **Other**

Black Bean and Corn Enchiladas  
Crinkled Wedge Potatoes  
*Dr. Praeger's* California Veggie Burgers  
*Dr. Praeger's* Tex Mex Veggie Burgers  
*Gardenburger* BBQ Riblets  
Meatless Meatballs  
Misto Alla Griglia Marinated Grilled Eggplant & Zucchini  
*Morning Star* Grillers

**FROZEN cont.**

Pad Thai with Tofu  
 Penne Arrabbiata  
 Steel Cut Oatmeal  
 Sweet Potato Fries  
 Vegetable Fried Rice  
 Wheat Free Toaster Waffles

**GROCERY****Fruits, Vegetables, And Legumes**

Artichoke Hearts  
 Black Beans  
 Canned Mandarin Oranges  
 Colossal Olives Stuffed Garlic Cloves  
 Colossal Olives Stuffed Jalapeno Peppers  
 Cuban Style Black Beans  
 Dark Morello Cherries  
 Extra Large Ripe Pitted Black Olives  
 Fire Roasted Red Peppers  
 Fire Roasted Yellow & Red Peppers  
 Garbanzo Beans  
 Gourmet Fried Onion Pieces  
 Greek Kalamata Olives  
 Guindilla Peppers  
 Julienne Sliced Sun Dried Tomatoes  
 Hatch Green Chilies  
 Manzanilla Olives  
 Marinated Bean Salad  
 Mixed Wild Mushrooms  
 Olives with Pimentos  
 Organic Baked Beans  
 Organic Black Bean Soup  
 Organic Black Beans  
 Organic Chili Vegetarian  
 Organic Diced Tomatoes  
 Organic Garbanzo Beans  
 Organic Hearts of Palm  
 Organic Kosher Sandwich Pickles  
 Organic Mixed Fruit Cups  
 Organic Pinto Beans  
 Organic Split Pea Soup  
 Organic Sweet Bread & Butter Pickles  
 Pear Halves  
 Pitted Kalamata Olives  
 Red Kidney Beans  
 Refried Black Beans with Jalapeno Peppers  
 Sliced Black Olives  
 Stuffed Queen Sevillano Olives  
 Whole Kernel Corn (Reg, No Salt Added)  
 Whole Peeled Plum Tomatoes w/  
 Basil (No Salt, Salted)

**Dressings, Marinades, Sauces & Spreads**

All natural Barbecue Sauce  
 Apple Cranberry Chutney  
 Artichoke Anti-Pasto

Balsamic Vinaigrette  
 Balsamic Vinegar  
 Bruschetta  
 California Estate Extra Virgin Olive Oil  
 Canola Oil  
 Canola Oil Spray  
 Chili Pepper Sauce  
 Crushed Garlic  
 Dijon Mustard  
 Eggplant Caponata  
 Extra Virgin Olive Oil  
 Fat Free Balsamic Vinaigrette  
 Fat Free Pizza Sauce  
 Goddess Dressing  
 Gold Quality Balsamic Vinegar  
 Grapeseed Oil  
 Green Olive Tapenade  
 Gyoza Dipping Sauce  
 Island Soyaki  
 Italian Olive Oil Spray  
 Italian Tomato Starter Sauce  
 Jalapeno Pepper Hot Sauce  
 Kansas City Style Barbecue Sauce  
 Low Fat Marinara Sauce  
 Mixed Grilled Vegetable Bruschetta  
 Orange Muscat Champagne Vinegar  
 Organic Ketchup  
 Organic Marinara Sauce No Salt Fat Free  
 Organic Olive Oil  
 Organic Spaghetti Sauce with Mushrooms  
 Organic Tomato Basil Marinara  
 Organic Tomato Paste  
 Organic Tomato Sauce  
 Organic Yellow Mustard  
 Raspberry Dressing  
 Red Wine & Olive Oil Vinaigrette  
 Red Wine Vinegar  
 Reduced Fat Mayonnaise  
 Roasted Garlic Spaghetti Sauce  
 Roasted Red Pepper & Artichoke Tapenade  
 Rustico Pasta Sauce  
 Seasoned Rice Vinegar  
 Soy Sauce Reduced Sodium  
 Soyaki  
 Sun Dried Roma Tomatoes  
 Sweet & Sour Sauce  
 Toasted Sesame Oil (Cold Pressed)  
 Tomato Basil Marinara  
 Tomato Chutney  
 Traditional Marinara Sauce  
 Tuscan Italian Dressing  
 Tuscano Marinara Sauce  
 Unfiltered Apple Cider Vinegar  
 White Balsamic Vinegar

## **GROCERY cont.**

### **Grains**

Arborio Rice  
Basmati Rice Medley  
Black Beluga Lentils  
Brow Rice Pasta Penne  
Brown Basmati Rice  
Brown Jasmine Rice  
Brown Rice Fully Cooked  
Brown Rice Medley  
Brown Rice Pasta Fusilli  
Garlic Basil Linguine Pasta  
Harvest Grains Blend  
Israeli Couscous  
Imported Italian Pastas (Farfalle, Fusilli, Penne Rigate, Pennette, Spaghetti)  
Jasmine Rice  
Lentil Rice Biryani  
Multigrain Pilaf  
Organic Basmati Rice  
Organic Brown Rice Spaghetti Pasta  
Organic Pasta (Fusilli, Penne)  
Organic Polenta  
Organic Rice Fully Cooked  
Organic Whole Wheat Pasta (Penne, Rotelle)  
Rice Pilaf  
Sprouted Brown Rice Fully Cooked  
Thai Style Lime Pilaf Fully Cooked  
White Basmati Rice  
Whole Wheat Couscous  
Whole Wheat Fettuccini  
Whole Wheat Spaghetti  
Wild & Basmati Rice Pilaf  
Wild Rice Fully Cooked

### **Baking And Cooking Supplies**

100% Pure Stevia 1oz  
21 Seasoning Salute  
Baking Soda  
Basil  
California Garlic Powder  
Cinnamon Sticks  
Cracked Black Pepper  
Dill  
Grade A Maple Syrup (100% Pure, 100% Pure No Drip, Organic)  
Grade B Maple Syrup (100% Pure, 100% Pure No Drip, Organic)  
Ground Cumin  
Kosher Flake Salt  
Lemon Pepper with Grinder  
Light Coconut Milk  
Organic Blue Agave Sweetener  
Organic Brown Sugar

Organic Evaporated Cane Juice Sugar  
Organic Pumpkin  
Pure Bourbon Vanilla Extract  
Pure Vanilla  
Red Chile Pepper  
Savory 4 Pepper Blend  
Sea Salt (regular, Coarse, Crystals with Grinder)  
Spanish Saffron  
Stevia Extract  
Stevia Packets  
Turbinado Raw Cane Sugar  
Unbleached All-Purpose Flour  
Unbleached White Whole Wheat Flour

### **Fruit Sauces, Preserves & Nut Butters**

Almond Butter (ALL)  
*Better n' Peanut Butter*  
Organic Apple Sauce (plain, w/ Cinnamon, w/ Wild Berries)  
Organic Fruit Spread (Blueberry, Strawberry, Superfruit)  
Organic Peanut Butter (Creamy, Crunchy)  
Organic Preserves Reduced Sugar (Blackberry, Blueberry, Raspberry, Strawberry)  
Organic Unsalted Peanut Butter (Creamy, Crunchy)  
Preserves (Apricots, Blueberries, Blackberries, Boysenberry, Raspberries)  
Salted Peanut Butter (Creamy, Crunchy)  
Sunflower Seed Butter  
Unsalted Peanut Butter (Creamy, Crunchy)  
Unsweetened Gravenstein Apple Sauce

### **Other**

Garden Patch Veggie Soup  
Garlic Rice Noodle Soup Bowl  
Kung Pao Noodles & Sauce  
Latin Black Bean Soup  
Mushroom Rice Noodle Soup Bowl  
Organic Hearty Vegetable Broth  
Organic Low Sodium Vegetable Broth  
Peanut Satay Noodles & Sauce  
Savory Broth – Vegetable  
Spring Onion Rice Noodle Soup Bowl  
Tasty Thai Meal – Green Curry

### **PRODUCE**

Raw Fruits and Vegetables (ALL)

### **REFRIGERATED**

Chickenless Stuffed Cutlet  
*Earth Balance Whipped Buttery Spread*  
High Protein Organic Tofu  
*Lightlife Smart Dogs*

**REFRIGERATED cont.**

Organic 3 Grain Tempeh  
 Organic Baked Tofu  
 Soy Yogurt  
*Tofurky* Italian Sausages  
 White Bean Hummus  
*Wildwood* Tofu Veggie Burgers  
 Unsweetened Green Tea w/ Mint

**SNACKS****Chips, Crackers, Pretzels & Popcorn**

1000 Layer Crackers  
 12 Grain Mini Snack Crackers  
 Bagel Chips (Whole Wheat, Everything, Sea Salt)  
 Blue Corn Tortilla Chips (Baked, Salted)  
 Corn Chip Dippers  
 Crunchy Curls  
 Fat Free Caramel Popcorn  
 Hemp Tortilla Chips with Black Sesame  
 Kettle Corn  
 Lite Popcorn  
 Lundberg Organic Brown Rice Cakes  
 Multigrain Tortilla Chips  
 Multigrain Salted Chips  
 Organic Blue Corn Tortilla Chips  
 Organic Flatbread with Sea Salt  
 Organic Multiseed Cracker Sticks  
 Organic White Corn Tortilla Chips (salted, unsalted)  
 Oriental Rice Crackers  
 Pita Chips (w/ Cinnamon & Sugar, w/Sea Salt, w/ Sesame Seeds)  
 Popped Potato Chips Salted  
 Reduced Guilt Lightly Salted Kettle Cooked Potato Chips  
 Reduced Guilt Pita Chips (w/ Sea Salt, Whole Grain French Onion)  
 Reduced Guilt Wheat Crisps  
 Restaurant Style White Corn Tortilla Chips  
 Rice Cakes Light Salt  
 Ridge Cut Potato Chips (Lightly Salted, Red Bliss, Salt & Pepper, Sweet Potato)  
 Roasted Seaweed Snack  
 Savory Thin Mini Crackers (Regular, Multiseed with Soy Sauce)  
 Salt & Pepper Crisps  
 Seriously Seedy & Nutty Wafers  
 Sesame Seaweed Rice Balls  
 Soy & Flaxseed Tortilla Chips  
 Spiced Tortilla Chips  
 Sticky Rice Snack  
 Stone Ground Wheat Crackers  
 Tortilla Chips (White, Yellow)  
 Tortilla Chips with Identity Crisis  
 Tortilla Longboard Chips

Vegetable Organic Bite Size Crackers  
 Vegetable Root Chips  
 Veggie & Flaxseed Tortilla Chips  
 Veggie Chips Potato Snacks  
 Veggie Sticks Potato Snacks  
 Wheat & Flaxseed Organic Bite Size Crackers

**Dips & Salsas**

3 Pepper Salsa  
 Chipotle Salsa  
 Corn & Chile Tomato-less Salsa  
 Double Roasted Salsa  
 Fire Roasted Tomato Salsa  
 Habanero and Lime Salsa  
 Pineapple Salsa  
 Roasted Garlic Salsa  
 Salsa Verde  
 Spicy Smoked Peach Salsa